

K-12TH GRADE BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 WG French Toast
4 WG Coffee Cake	5 Yogurt Parfait with Fruit and Granola	6 WG Bagels w/ Cream Cheese	7 WG Belgium Waffles	8 WG Ham and Cheese Croissant
11 WG Blueberry Muffin	12 WG Mini Pancakes	13 WG Conchas	14 WG Honey Biscuits w/ Potato Puffs	15 WG Cinni Minis
18 WG Coffee Cake	19 Egg and Cheese Burrito in WG Flour Tortilla	20 WG Grilled Cheese Sandwich	21 WG Graped Filled Crescent	22 No School
25	26	27	28	29
←-----SPRING BREAK-----→				

March
2024

NOTES:

Breakfast

- Each student must get 3 food items
 - And one item must be a full serving of fruit or vegetable
 - Everyday there will be a choice of cereal and whole grain crackers + fruit or juice + Milk 1% or Chocolate
 - Menu shows main entrée.
- There will be whole grain cereal, and whole grain crackers offered daily plus fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

K-8TH GRADE LUNCH

March
2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Tamales w/ Pinto Beans and Salsa
4 WG Boneless Wings w/ Jicama Sticks and Cucumber Slices	5 Beef Burger w/ Potato Wedges and Carrots Sticks	6 WG Cheese Calzone w/ Broccoli and Corn	7 Beef Teriyaki w/ Rice Edamame and Carrots	8 Bean and Cheese Burritos w/ Salsa and Jicama Sticks
11 WG Chicken Corn Dog w/ Potato Wedges and Broccoli	12 BBQ Chicken Leg w/ Side Salad and Corn Cobb +WG Dinner Roll	13 WG Spaghetti and Meatballs w/ Celery Sticks and Vegetarian Beans	14 WG Orange Chicken w/ Rice and Carrots and Broccoli	15 WG Cheese Pizza w/ Cucumber Slices and Jicama Sticks
18 Breaded Chicken Sandwich w/ Potato Wedges and Baby carrots	19 Chicken Tamale w/ Pinto Beans and Salsa	20 Chicken Teriyaki w/ Rice and Corn and Broccoli	21 Beef Chalupa w/ Carrot Sticks and Cucumber Slices	22 No School
25	26	27	28	29
←-----SPRING BREAK-----→				

NOTES:

At lunch, students are offered all five required food components in at least the minimum required amounts.

The components at lunch are meats/meat alternates; grains; fruit; vegetables; and fluid milk (1% or FF Chocolate Milk).

Under OVS, a student must take at least three components in the required serving sizes.

One selection must be at least ½ cup from either the fruit or vegetable component.

There will be additional fruit and vegetable options available for all students.

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9TH-12TH GRADE LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Tamales w/ Pinto Beans and Salsa
4 WG Boneless Wings w/ Jicama Sticks and Cucumber Slices	5 Beef Burger w/ Potato Wedges and Carrots Sticks	6 WG Cheese Calzone w/ Broccoli and Corn	7 Beef Teriyaki w/ Rice Edamame and Carrots + Goldfish Crackers	8 Bean and Cheese Burritos w/ Salsa and Jicama Sticks
11 WG Chicken Corn Dog w/ Potato Wedges and Broccoli	12 BBQ Chicken Leg w/ Side Salad and Corn Cobb + 2 WG Dinner Rolls	13 WG Spaghetti and Meatballs w/ Celery Sticks and Vegetarian Beans + WG Breadstick	14 WG Orange Chicken w/ Rice and Carrots and Broccoli	15 WG Cheese Pizza w/ Cucumber Slices and Jicama Sticks
18 Breaded Chicken Sandwich w/ Potato Wedges and Baby carrots	19 Chicken Tamale w/ Pinto Beans and Salsa	20 Chicken Teriyaki w/ Rice and Corn and Broccoli + Goldfish Cracker	21 Beef Chalupa w/ Carrot Sticks and Cucumber Slices	22 No School
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